

# **PETERS TOWNSHIP SCHOOL DISTRICT**

## **CORE BODY OF KNOWLEDGE**

### **HEALTH**

#### **GRADE 2**

For each of the units that follow, students may be asked to understand, apply, analyze, evaluate, or create the particular concepts being taught.

#### **COURSE DESCRIPTION:**

This course will teach beginning concepts regarding health awareness and practices. Major units of study include human growth, safety, and various body systems (skeletal, muscular, respiratory, and circulatory).

#### **STUDY SKILLS:**

- Active listening
- Questioning to clarify
- Identifying key words during reading

#### **1. SAFETY**

- Identify emergencies
- Identify steps to take in an emergency
- List rules for being safe when walking or biking
- Demonstrate a fire drill
- Demonstrate stop, drop, and roll
- Construct a fire exit plan for the home
- Categorize actions/situations as safe or unsafe
- Demonstrate bicycle hand signals

#### **2. HUMAN GROWTH**

- List ways the human body changes over time
- Name activities/actions that affect the body's health
- Describe the stages of growth and development

#### **3. BODY SYSTEMS (Skeletal, Muscular, Respiratory, Circulatory)**

- Name four of the body systems
- List ways to keep the body systems healthy
- Name habits which negatively affect the body systems
- Diagram the major organs of the body systems

- Match body systems and their functions

**MATERIALS:**

*Health & Wellness*, Macmillan/McGraw-Hill, Teacher's Edition, 2

Health & Wellness, Macmillan/McGraw-Hill, Health Masters, 2

DARE program

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